



## COMPANY PRESENTATION



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# About the Academy



Carefirst Training Academy (CTA) opened the doors in 2017 upon the success of our temporary supporting service of high quality staff into social care settings across Suffolk, Essex and Norfolk established in 2013.

CTA specialise in both **Face to Face** and **E Learning** training courses in both mandatory and specialist social care and nursing training.

Sourcing quality training for your business can be stressful, challenging and costly. Therefore, CTA offer both types of learning such as Face to Face, E Learning and Zoom Training.

Like everything Carefirst, quality and training contents is of the utmost importance to us so rest assured that you're in capable hands.

CTA have training suites in both Colchester and Ipswich so you can come to us! Alternatively, we can come to you with our **nationwide** cover.

## Accreditations

- The CPD Group
- The CPD Certification Service
- The Association of Healthcare Trainers



# Face 2 Face Training Types



## YOUR TEAM ONLY

- Up to 12\* people on a course
- Only your team in attendance
- At **your location** or one of **our locations**
- Available for **7** or **3** hour courses
- Additional support available for learning types\*\*
- Zoom available if preferred over face to face
- Competitively priced
- Accredited training
- Book online, by phone or email

## OPEN COURSES

- Pay per attendee
- Mixture of individuals and competencies
- Locations in **CO4 9YQ** or **IP3 9FH**
- Regularly run courses across both locations
- Book staff onto training as and when you need
- Great for staggered recruitment
- Great for people that miss main update training
- Book online, by phone or email

## TRAIN THE TRAINER

- Pay per attendee on open course at one of our locations
- Pay per course + additional attendees at your location
- One to one available
- Face to Face or Zoom Classroom available
- We can come to you, or you can come to us
- Personable and tailored course content
- Delivery workshop available for new trainers
- Direct trainer support until certificate expiry
- Unlimited certificates to attendees
- Option to purchase our materials E.g. PowerPoint etc

# Our Locations + Nationwide



## COLCHESTER



Located just off the A12 in the North of Colchester

Can seat up to 12 Attendees

## IPSWICH



Located just off the A14 close to the A12 at the East of Ipswich

Can seat up to 20 Attendees

# Moving and Positioning



## OUR MOVING AND POSITIONING COURSE

- Our most popular course
- MSD, back care & anatomy included
- 2.5 Hours of theory\*
- 3.5 Hours of practical\*
- Range of safe transfers
- Wendylett sheets
- Slide sheets
- Group discussions
- Problem solving activities

\* Dependent on group competency

# Medication

## OUR MEDICATION COURSE

- Classification
- Routes of administration
- Side effects
- 2 Hours of theory
- 1 Hours of activities
- MAR chart scenarios
- Medication errors



# Popular Face to Face Courses



<b>COURSE</b>	<b>HOURS</b>
Anaphylaxis & Auto Injector	3
Basic Food Safety & Nutrition	3
Basic Life Support & AED	3
Challenging Behaviour & Break Away	7
Communication & Information	3
Continence & Catheter Care	3
Creams & Topical Medicines	3
Dementia Awareness	3
Diabetes	3
Emergency First Aid at Work	7
End of Life Care	3
Epilepsy	3
Equality & Diversity	3

<b>COURSE</b>	<b>HOURS</b>
Falls Prevention	3
Fire Safety	3
Health & Safety Including COSHH	3
Infection Control & Prevention	3
Medication Administration	3
MCA & DoLS	3
Moving & Positioning of People	7
Paediatric First Aid	7
Risk Assessment	3
Safeguarding Children Including Child Protection	3
Safeguarding of Vulnerable Adults	3
Skin Care & Pressure Ulcer Prevention	3



# Train The Trainer



Carefirst Training Academy can provide **Train The Trainer** for any of our Face to Face courses.

The timings are based on an experienced trainer completing a refresher course of a topic they are already familiar with.

If a trainer is new to the subject, the times will increase as we will need to ensure that we go through delivery techniques and group engagement.

Some of our courses for people new to a topic or those that have not trained with us before will require a 2 day course in the specific topic.

**OPTIONAL : BUY OUR MATERIALS**

## **What's included:**

- PowerPoint
- Handouts
- Workbooks
- Course References

## **The benefits:**

- Deliver the exact training as per your training
- Huge time saving in creation of the course
- Most up to date content
- Years of course building experience
- Tried and tested course

# E Learning



## OUR E LEARNING

Online training is essentially, **training at your fingertips.**

- Cost effective
- Meets all legislative needs
- Meets best practice needs
- Flexible
- Complete at home or on the go
- Compatible on all devices
- Extensive list of training courses
- Learning management platform
- Set your pass marks
- Set attempt rates
- Translate into different languages

# Popular E Learning Topics



- Anaphylaxis
- Asperger's Syndrome
- Autism Awareness
- Basic Life Support
- Blood Transfusion
- Carers Awareness
- Care Certificate (1-15)
- Care Planning
- Catheterisation
- Communication
- Consent in Care
- COSHH
- Dementia
- Diabetes Awareness
- Diet & Nutrition
- Dignity & Respect
- Disability Awareness
- Drug Calculation
- Duty of Care
- End of Life
- Epilepsy Awareness
- Equality & Diversity
- Falls Prevention
- Fire Safety
- First Aid & Burns
- Food Safety
- GDPR
- Health & Safety
- Infection Control
- Learning Disabilities
- Lone Working
- Medication
- MCA & DoLS
- Paediatric First Aid
- Palliative Care
- Person Centered Care
- Pressure Ulcer Prevention
- Safeguarding Children
- SOVA
- Seizures
- Self Harm
- Slips, Trips & Falls
- Stress Awareness
- Stroke Awareness
- Substance Misuse
- Time Management
- Tissue Viability
- Verification of Death
- Your personal Development

We price our E Learning with **UNLIMITED** access to all courses.  
From only £2.00 per user per month!

# Charges & Booking Information



## FACE TO FACE

- **Nationwide Cover**
- Open Courses are held in Colchester or Ipswich

	<b>YOUR TEAMS</b> (up to 12 attendees)	<b>OPEN COURSES</b> (per person)	<b>TRAIN THE TRAINER</b> (per person at our location)	<b>TRAIN THE TRAINER</b> (per person at your Location)	<b>MATERIALS</b> (12 Month License)	<b>MILEAGE</b>
<b>3 Hours</b>	£400	£100 pp	£400 pp	£400 for 1 person + £200 pp additional	£400	30 Miles <u>Free</u>
<b>7 Hours</b>	£500	£115 pp	£500 pp	£500 for 1 person + £300 pp additional	£500	50p Per Mile

## E LEARNING

- Calculate the amount of users that you need by the monthly cost
- Users are paid annually

USERS	COST PER USER PER MONTH
1 - 10	£4.00
11 - 50	£3.50
51 - 100	£3.00
101 - 200	£2.75

USERS	COST PER USER PER MONTH
201 - 500	£2.50
501 - 1000	£2.25
1001 +	£2.00



### CONTACT US TODAY

training@carefirst.co.uk

www.carefirst.co.uk

**01206 585 195**